

# CHAMONIX-MONT-BLANC VALLEY TOURIST OFFICES



## PRACTICAL GUIDE WINTER 2021-2022



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# NOT TO BE MISSED!

## WELCOME TO THE CHAMONIX VALLEY!

At the crossroad of Switzerland and Italy, Chamonix is the worldwide capital for skiing and mountaineering. Surrounded by its ski resorts spread out on the four sides of the valley, 90% of the ski area is above 2000 m<sup>2</sup>: around 50 km of cross-country itineraries, and 27 km of pedestrian walks.

Also discover the typical villages of the valley - Servoz, Les Houches, Argentière and Vallorcine -, but also:

### AIGUILLE DU MIDI CABLE CAR

Glide up comfortably into the high mountains, and reach an altitude of 12604 feet. After a 25 minutes journey, you will enjoy a spectacular view all around you over the Mont Blanc and the French, Swiss and Italian Alps.

DISCOVER:

**The Mont-Blanc wing**: enjoy an incredible panoramic view from inside, in a warm space, through vast glass windows, over Mont Blanc, Mont Maudit and Mont Blanc du Tacul! Discover also great photos of mountaineers in action!

**The waiting area**: before boarding for the descent to the valley, discover an incredible adventure of human and technological endeavor: the construction of the cable car and its imposing machinery.

**The highest covered area**: this shelter built on the highest terrace at 3842m gives you the opportunity to hide from the wind and the cold while enjoying a stunning view!

**The museum (“Espace vertical”)**: like a temple dedicated to climbers, mountaineers and mountain adventurers, it gives you a better understanding of the captivating high mountain world. Be a daredevil, step out on the sky ledge for a bit of a rush.

**The Step into the void**: an unforgettable experience! More than 1000m of emptiness beneath your feet in a 2m x 2m five-sided glass box;

**The Hypoxia platform**: discover how your body react to the lack of oxygen due to the altitude.

**The Tube**: a real work of art, this 32m long steel gallery, allows you to make a complete tour of the central pillar of the Aiguille du Midi.

## **MER DE GLACE**

Facing the Drus and the “Grandes Jorasses”, the Mer de Glace is the longest glacier in France: 7km long with a surface area of 40 km<sup>2</sup>.

From Chamonix, enjoy a marvellous 20 mn ride on board of the famous small red rack and pinion train up to Montenvers area, at 1913 m. Do not forget to visit:

**The Crystal Gallery**: admire there a collection of very fine exhibits from the Mont Blanc range and learn about the exciting story of the crystal hunters.

**The "Glaciorium"**: a little museum which will give you a better understanding of how glaciers form, exist and evolve over the centuries.

**The Ice Cave**: enter the entails of the glacier and admire ice sculptures! To reach the entrance, you will have to take a gondola and walk down about 600 steps.

**The snowshoeing trails:** open according to the snow conditions. Snowshoes can be borrowed for free at the Glaciorium: for further information, please ask at the cash desk of the Montenvers train station!

## **THE TRAMWAY DU MONT-BLANC**

A retro voyage in an authentic rack and pinion train up to the splendid Plateau de Bellevue through the forests and snow-covered slopes. Calm and serenity guaranteed. An unusual “vintage” access to Les Houches – St-Gervais ski area, as well as to snow shoeing trails! Enjoy the panoramic view over the Bionnassay glacier, the Chamonix and Les Contamines valleys!

For further information about these three areas, please call the Compagnie du Mont-Blanc: **+33 (0)4 50 53 22 75!**

# WEATHERFORECAST MOUNTAIN SAFETY

Inside the “Maison de la Montagne” (Mountain House): opposite to the tourist office of Chamonix.

## **Mountain risk pole:** Free entrance

A visit to learn a lot about the weather and global warming. Free entrance.

Weather forecast bulletins are displayed at the Maison de la Montagne and at the tourist office.

A 7 days weather forecast, updated twice a day.

Weather forecast over 7 days: +33 (0)892 68 02 74.

Weather forecast over 5 days at: [www.chamonix.com](http://www.chamonix.com)

A place to get informed and warned about risks in the mountain. By visiting this place, you will learn a lot about the weather and climate changes.

Free entrance.

Daily open except Sundays and on holidays from 9am to 12pm and from 3pm to 6pm.

## **High Mountain office (OHM):** +33 (0)4 50 53 22 08

[www.ohm-chamonix.com](http://www.ohm-chamonix.com)

Free entrance.

It centralizes the information concerning conditions and safety in mountain areas. Snow and avalanche reports are also given.

Bulletin on the state of the snowpack and avalanche risks over a recorded message at +33(0)8 92 68 10 20.

You will appreciate the local geography thanks to a big relief map of the Chamonix valley.

Daily open except Sundays and on holidays from 9am to 12pm and from 3pm to 6pm.

# GETTING AROUND IN THE VALLEY!

## By train

The SNCF railway line serves all villages from Saint-Gervais-Le Fayet until the Swiss border (Le Châtelard) going through Servoz, Les Houches, Chamonix, Argentière and Vallorcine. There is one train about every hour.

Free transportation between Servoz and Vallorcine with the “guest card” or between Le Fayet and Vallorcine.

Be careful: Due do works on the railway line, busses instead of trains run sometimes between Chamonix and Saint-Gervais.

Information at the SNCF railway station over <https://www.ter.sncf.com/auvergne-rhone-alpes/horaires/recherche>.

## By bus

A regular urban transport serves the valley (between Servoz and Le Tour), free with the “guest card” during the day (overnight, the local shuttle Chamo’nuit is a pay shuttle). With your “MBU” ski pass you’ll get free bus transport between Le Tour and Les Houches, and with your “Chamonix Le Pass” between Le Tour and Chamonix.

Ticket fare: 3€ a day or 2€ overnight with Chamo’nuit bus.

## “Le Mulet” in Chamonix

The **Mulet** free shuttles run around the town center every 20 minutes.

Wait at one of the **Mulet** bus stops and let’s go!

A map of the Mulet tour is available in all tourist offices of the valley.

All Mulet shuttles are electrical vehicles!

Information at Chamonix Bus: +33(0)4 50 53 05 55 or [www.chamonix-bus.com](http://www.chamonix-bus.com).





This “**on-demand transport**” service grants you the possibility of travelling through the whole Chamonix valley.

**On Demand Transport** is made so that the inhabitants of Chamonix Valley, needing disabled access (isolated and/or dependent old persons, isolated families, disabled persons, damaged persons) can move to the center of Chamonix with the other travelers living in the same area.

### **CONDITIONS TO HAVE ACCESS TO “ON DEMAND TRANSPORT”**

This transport way is of course for people with reduced mobility which can't have access to the Chamonix Bus networks because of their handicap, but also to you if you meet one of following conditions:

- Be over 70 years old at the date of subscription
- Not live close to a public transport line (bus or train)
- Have the occasional need to take part in activities organized by the different municipalities
- Own a disability card, regardless of percentage
- Be unable to travel by your own means during the winter period (for seasonal card-holders)

The cost of the subscription card, either annual or seasonal for the winter period, is 10 euros, tax included.

If you do not have a free travel card issued by the Community of Communes, you will have to pay 3 euros for a daily return trip.

## HOW?

1. Become a member of the service for one year by paying 10€ during the first route. (Membership card = subscription) or pay 3 euros for your return trip;
2. Book the day before you need the transport before 5pm (or 4 hours before, depending on the vehicle availability) by phone at +33 4 50 53 05 55. For weekends and Mondays, please book on Friday before 5pm;
3. On the day you have booked, a minibus will be on time at the defined stop point; arrive 5 minutes before the schedule fixed by the agent.
4. Let yourself be transported to destination towards Chamonix or Les Houches.
5. For the return trip, the mini bus will pick you up at a stop point defined on the phone by the agent when he confirmed you the transport.

Available all year long from Monday until Sunday from 8:30am till 12pm and from 2pm till 5pm.

Depending on the purpose of your trip, you can ask for the On-Demand Transport between where you live and a point in the “Communauté de Communes”, that is situated in the Chamonix valley:

- For your shopping at the open market, the supermarket, in the local stores;
- For medical reasons (Hospital, health center, pharmacy);
- To go to the old people's home (EHPAD);
- For administrative purposes;
- To go to a cultural or a sports center...

[For further information, please contact: +33 \(0\)4 50 53 05 55 or montblanctbus@transdev.com!](tel:+33450530555)

## CAR PARKS

The best way to enjoy stunning views of the panorama is to leave your car in one of the car parks of the resort.

You will get 1 hour free of charge in the indoor Saint-Michel, Mont-Blanc and Entrèves car parks as well as in several outside car parks!

### **In Chamonix:**

- the Grépon pay car park at the entrance of the town and close to the Aiguille du Midi cable is close to a bus and Mulet stop;
- 3 underground car parks and 4 pay outside car parks.

Information: Chamonix Parc Auto at +33 (0)4 50 53 65 71.

Brochure concerning the car parks are available in all Tourist Offices of the valley.

### **Two pay car parks located 200m away from the Tourist Office of Chamonix have places for people with reduced mobility:**

- The Outa car park (car park with barriers) has two places for people with reduced mobility. To go and visit the Tourist Office coming from this car park, go on the path on the right side of these car park places, continue in front of the public toilets and then along the car park. At the end of the car park, continue straight away on the pavement along the Mont-Blanc hotel and its restaurant “Le Matafan”. You will find the Tourist Information Office just after the hotel on your left side;
- The underground pay car park Saint-Michel has places for people with reduced mobility on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> floors (which are the only floors with access to the lift). To reach the Tourist Office from this car park, please go on the bridge located in front of the car park, then go down on the access ramp on the left side of the church and continue straight away in front of the Mountain House (Maison de la Montagne) until a second access ramp which will directly lead you in front of the Tourist Office.

In **Les Houches**: free car parks in Le Tourchet and Le Prarion. **A free car park place for people with reduced mobility is available in front of the souvenirs shop “Le Floch’on” located on the side of the post office and across the tourist office.**

In **Argentière**: LES FIZ car park, a free car park at the very end of the village (on your right side if you arrive from Chamonix or on your left if you arrive from Vallorcine).

In **Vallorcine**: a free car park in front of Le Buet railway station, one at the bottom of the cable car and another one in front of the tourist office.

## **TAXIS AND AIRPORT TRANSFERS**

List available on: [www.chamonix.com](http://www.chamonix.com)

# ACCOMMODATION

For a day, a weekend or a week..., Chamonix Mont Blanc Valley offers a complete range of accommodation: you will find hotels of all categories, Bed & Breakfasts, guest houses, camp sites, apartments and chalets to rent, holiday centers or holiday villages.

Get all information from our websites:

[WWW.SERVOZ.COM](http://WWW.SERVOZ.COM)

[WWW.LES HOUCHES.COM](http://WWW.LES HOUCHES.COM)

[WWW.CHAMONIX.COM](http://WWW.CHAMONIX.COM)

[WWW.ARGENTIERE-MONT-BLANC.COM](http://WWW.ARGENTIERE-MONT-BLANC.COM)

[WWW.VALLORCINE.COM](http://WWW.VALLORCINE.COM)

Find all updated availabilities and special offers.

Book on-line 24hours/24, 7days/7.

## The CARTE D'HÔTE (“Guest Card”)

Given to you for free by your accommodation provider, the guest card offers many advantages, in particular **free transportation in the whole Chamonix valley** - by bus and train from Servoz to Vallorcine **during the day** (in the evening a one-way ticket “Chamo’nuit” costs 2€). With this card, you will also get a discount at the swimming pool, the ice rink, for cross country skiing, in the museums of the valley, for car park subscriptions... **If you stay by friends you can get this card for 10€ per week in the tourist offices.**

Ask for the «Advantages of the Guest Card» brochure at the Tourist Office!

\* **Note:** the free travel offer on the local train is only valid for a journey beginning and ending in the Chamonix valley at the stations between Servoz and Vallorcine. Outside this area, the SNCF (the French train line company) requires each passenger to have a valid ticket for the entire journey!

# SPORTS & LEISURE ACTIVITIES

## ➤ OUTDOOR ACTIVITIES

Beside down hill skiing: dog sledging, ice climbing, ski touring, cross country skiing, taxi ski, snowshoeing, walking on groomed trails (according to the snow conditions and avalanche risks), paint ball, paragliding, speed riding...

Possibility to have lessons for beginners and advanced skiers with mountain sports professionals. Their staff is passionate and enthusiastic, and remains at your disposal to ensure that you enjoy the pleasures and sensations of winter sports as much as possible. Lots of activities are adapted to visually impaired persons.

Information at all the Tourist Offices of the valley!

## ➤ PATHS FOR SNOWSHOEING AND WALKERS

17 km trails are groomed in the valley. There are also trails reserved for snowshoeing on the Balme, Flégère and Le Prarion areas. Ask for the trail map at the Tourist Offices.

For these activities and outside of maintained way-marked routes, think of your safety and contact the mountain sports professionals, instructors and guides.

## ➤ DOGSLEDGE

- **Huskydalen**: +33(0) 6 84 99 34 67 - [www.huskydalen.com](http://www.huskydalen.com) or contact the tourist offices of Chamonix and Les Houches.

Ride with a musher!

- **Evasion Nordique**: +33 (0)6 82 09 50 03 – [www.evasion-nordique.com](http://www.evasion-nordique.com).

Beginner's lessons for dogsled driving. Day and half-day outings and trapper evenings for groups.

## ➤ **TORCH-LIGHT PROCESSION**

See the program of E.S.F (Ski school)

## ➤ **PANORAMIC FLIGHTS**

Chamonix Mont-Blanc Helicopters: +33(0)4 50 54 13 82

[info@chamonix-helico.fr](mailto:info@chamonix-helico.fr) – <https://www.chamonix-helico.fr/>

Panoramic flights over the Mont Blanc chain starting from Argentière.

6 persons are necessary to plan a helicopter flight: Chamonix Mont-Blanc Helicopters is at your disposal to organize groups with 6 people!

# **CENTRE SPORTIF RICHARD BOZON**

214, av. de la Plage - +33(0)4 50 53 09 07

E-mail : [sports@chamonix-mont-blanc.fr](mailto:sports@chamonix-mont-blanc.fr)

## ➤ **SWIMMING POOL, SAUNA, STEAM BATH**

+33(0)4 50 53 23 70

Short pants are not allowed!

## ➤ **TENNIS AND SQUASH**

+33(0)4 50 53 28 40

## ➤ **INDOOR SKATING RINK**

+33(0)4 50 53 12 36

It is also possible to go for ice skating on the outdoor ice rinks of Les Houches and Vallorcine (opening times depending on the weather conditions). Free entrance but pay ice skate rental!

## ➤ **INDOOR CLIMBING WALL**

+33(0)4 50 53 09 07

180m<sup>2</sup> / Height: 3.60m / 800 holds for climbing

Climbing chalk not allowed.

## ➤ **BODY BUILDING AND FITNESS ROOM**

+33(0)4 50 53 23 70

Sport clothes and towel required.

Free training or with the assistance of a coach. Fitness courses available.

**Further information and opening times are available at the Tourist Offices.**



# SKIING

## Ski resorts

Downhill ski resorts for all levels are to be found in the whole Chamonix-Mont-Blanc Valley.

### ➤ 4 large high altitude ski areas

#### • BRÉVENT / FLÉGÈRE

«Sunshine» ski area facing the Mont Blanc range.

The southerly slopes of this resort make it a favorite for sun-loving skiers. The view on the Mont-Blanc range is exceptional. Big Air Bag and snow park in Brévent resort;

**Beginner area** in Planpraz (Brévent resort).

The access to Flégère resort will be possible by a brand-new cable car! You'll find there animations on the legends of Chamonix as well as treasure hunts. Cross and DVA park are available there! Snowshoeing walkers will be able to enjoy nice snowshoeing loops: 2 loops below the arrival of the cable car as well a third one at the arrival of the Index cable car above Flégère.

#### • LES GRANDS MONTETS

The spot “par excellence” for off-piste skiing and free riding.

Appreciate the length of its slopes, the quality of its snow, its off-piste areas and its snow park. The resort is open until the beginning of May. Also a DVA park!

A beginner area is open on the “Plateau de Lognan”! However, due to a fire at the Lognan station at the end of summer 2018, the Grands Montets and Lognan cable cars don't run any more.

The access to this beginner area will only be possible from the arrival of the Plan Joran cable car over a blue slope. Therefore, this beginner area won't be accessible to the very beginners for whom it will be easier to start on the beginner area of Les Chosalets. **No access to pedestrians as well as to snow shoeing walkers!**

## • BALME SKI AREA

Skiing between high mountain pastures and forests on the Swiss border. For all levels and ages on both sides of the mountain, accessible by cable cars from Le Tour and Vallorcine. Balme resort offers wide and gentle slopes, through a forest of spruces on the Vallorcine side. Snow park.

**Further information at Compagnie du Mont-Blanc:**

+33(0)4 50 53 22 75 or [www.compagniedumontblanc.com](http://www.compagniedumontblanc.com).

## • LES HOUCHES

A large diversity of slopes and atmospheres based on the legendary downhill slope of Kandahar which is accessible with Bellevue or Prarion cable cars, or with the tramway du Mont-Blanc.

For children: a ski camp (sledging slopes, snowtubing runs, zip wires) is to be found after a 10 minutes' walk above the arrival of the Prarion cable car!

Further information: [www.ski-leshouches.com](http://www.ski-leshouches.com).

Free car parks at the bottom of both cable cars, but wheel chairs not allowed on Bellevue cable car, only on Prarion cable car as well as on the Tramway du Mont Blanc!

### ➤ 6 ski areas for beginners

## • LA VORMAINE: +33(0)9 79 51 73 67

A very sunny ski area with plenty of snow in Le Tour village for beginners and medium-level skiers. Ideal for children (day-care center from 3 years old) and for beginners in snowboarding.

Free car park.

- **LE SAVOY:** +33(0)4 50 53 22 75

Right in the middle of Chamonix, at the bottom of Le Brévent. Ideal slopes for beginners, especially children, served by 2 ski lifts and a moving walkway. Artificial snow also possible.

Day-care center from 3 years old.

Closest car park: Saint-Michel pay car park.

- **LES PLANARDS:** +33(0)4 50 53 08 97

In the town center, the largest ski area for beginners and children. 4 slopes: 1 red, 1 blue and 2 green ones.

Day-care center from 3 years old. Guaranteed snow coverage.

Bar-restaurant, ski school, sport shop, solarium, and free car park.

- **LES CHOSALETs:** +33 (0)6 82 11 53 21

At the foot of Les Grands Montets in Argentière. 2 drag lifts expect little and bigger beginners! Snack bar at the bottom of the pistes.

Cross country tracks and groomed trails for walkers are to be found in the area.

- **LE TOURCHET:** +33 (0)6 82 11 53 21

In the heart of the Les Houches village, next to the ice rink, this little ski resort has 2 drag lifts. Great for learning skiing!

Free car park at the bottom of the resort!

- **LA POYA:** +33 (0)4 50 54 69 36

Situated in the hamlet Le Buet (in Vallorcine), this little family friendly ski resort is a real playground with its 2 drag lifts (with blue, green, red and black pistes), its beginner's rope tow and its kiddie rope tow for little children!

All these ski resorts are accessible with public transportation. Free with the guest card.

## HIGH ALTITUDE RESTAURANTS

For a light snack or to taste specialties of the Savoy region, please find hereafter a non-exhaustive list of several restaurants with direct access from the lifts!

- **MONTENVERS / MER DE GLACE, at the bottom of the « Vallée Blanche »**

Restaurant of the Refuge du Montenvers: +33(0)4 50 53 87 70

Le Panoramique Mer de Glace: +33 (0)4 30 05 19 66

Bar des Glaciers – Coffee shop, direct at the arrival of the Montenvers train: +33 (0)4 30 05 19 68

- **FLÉGÈRE**

L'Adret: +33(0)4 50 55 34 88

Tendance Foehn : +33(0)4 50 55 34 88

- **DOMAINE DE BALME**

Le chalet de Charamillon (snack): +33(0)4 50 54 10 21

- **BRÉVENT**

La Bergerie de Planpraz: +33(0)4 50 53 05 42

Le Panoramic: +33(0)4 50 53 44 11

- **LOGNAN / LES GRANDS MONTETS**

Restaurant de Plan Joran: +33(0)4 50 54 05 77

- **AIGUILLE DU MIDI**

Le 3842 – restaurant and snack: +33(0)4 50 55 82 23

- **DOMAINE DES HOUCHES**

Hotel du Prarion restaurant: + 33 (0)4 50 54 40 07

La Chalette: +33 (0)6 68 91 31 85

La Tanière: +33 (0)6 83 42 93 43 / (0)4 50 93 42 57

La Cha: +33 (0)4 50 54 30 45

La Rioule: +33 (0)4 50 18 03 90

Snack du col de Voza: +33 (0)4 50 54 44 65

Le Hors Piste: +33 (0)4 50 53 53 53

## SKI SCHOOLS

Lessons for skiing, snowboarding, freeriding, speed riding, are provided in English, German, Italian, Spanish and Russian, for groups and individuals of all levels, including snowshoeing hikes with a guide.

**Some instructors are specially trained as Handiski instructors for people with visual impaired or disabled people**

**Let your dream come true and go down the « Vallée Blanche » with a taxi-ski!**

## SKI PASSES

- **“CHAMONIX LE PASS”**

Ski on all Chamonix ski resorts, between Vallorcine and Chamonix, on pistes between 1.000m and 2.700m.

Brévent-Flégère, Les Grand-Montets and Balme (Le Tour - Vallorcine) resorts, as well as the beginner/easy ski areas of Le Savoy, Les Planards, La Vormaine and Les Chosalets.

Free access to bus lines between Chamonix and Le Tour.

## • “MONT-BLANC UNLIMITED” (MBU)

Access to all Chamonix ski resorts as well as to:

- Prarion and Bellevue ski resort in Les Houches (to have access to Le Tourchet ski resort, an at least two days MBU is requested);
- Aiguille du Midi cable car, Montenvers train, Tramway du Mont-Blanc.

**With a minimum two days pass** on presentation of a currently-valid Mont Blanc Unlimited pass and the proof of payment:

- Free access to the Skyway in Italy (5€ deposit pour the key-card)
- Free and unlimited access to the Courmayeur ski resort in Italy;
- Access to the “Evasion Mont-Blanc” ski area (Megève, Saint-Gervais, Les Contamines et Les Portes du Mont-Blanc) ;
- Reduction at the entrance of the Mont Blanc tunnel (reductions on the one-way tickets for light-duty vehicles);
- A better fare on a bus return ticket Chamonix – Courmayeur used on the same day.

**With a MBU of at least three days:**

- Free access, once a day and per activity to the sport center (swimming pool, sauna, hammam), the ice-skating rink of Chamonix, the museums;
- Free access to the cross-country ski resorts of the whole Chamonix valley;
- Reductions at the cinema Vox in Chamonix: 5€ the entrance.

**With a ski pass of at least 6 days**, ski in “Verbier Grand ski” (Switzerland) with a 50% reduction on the normal one-day ticket + 5 CHF caution for the key-card. Conditions available once a week.

Free access to bus lines between Le Tour and Les Houches as well as to all SNCF trains between Le Fayet and Vallorcine.

**If you want to ski only on the Bellevue-Prarion ski resort in Les Houches, you can buy a pass for Les Houches only!**

### **• LES HOUCHES SKI PASS**

Access to the ski resort of Bellevue-Prarion only as well as free access to the intern bus line of Les Houches-Servoz.  
For further information: [www.ski-leshouches.com](http://www.ski-leshouches.com)

Disabled people can obtain a 50% discount on the day ski passes Chamonix Le Pass, Mont Blanc Unlimited or Les Houches, as well on the excursion return tickets (including the top if there are two cable cars), by showing their disability card at the cash desk at the bottom of the cable cars. Same price discount for the accompanying person if their presence is required.

You can buy your ski pass in advance on Internet: [www.montblancnaturalresort.com](http://www.montblancnaturalresort.com) or at the bottom of the lifts on the day when you want to go skiing.

# IN TOWN

## SHOPS & SERVICES

Brochure on request at the Tourist Offices of the Chamonix valley.

## OPEN AIR MARKETS

- Chamonix: Every Saturday morning on the Place du Mont-Blanc, and every Tuesday, except in November, from 4.45pm to 7pm on the car park of Carrefour Market (sale of local made bread);
- Les Houches: Every Monday morning during the Christmas and February French holidays on the place in front of the Tourist Office as well as every Wednesday from 3pm to 7pm in “Pain de Chibon” (market with local farmers).

## CASINO

Place de Saussure – phone : +33 (0)4 50 53 07 65

Open every day from 10am to 3pm.

Slot machines, table gambling games (English and French roulette, blackjack). **Identity cards must be shown at the entrance of the casino.**

## QC TERMES SPA AND RESORTS

480, promenade du Fori – phone : +33 (0)4 58 38 01 10

SPA and wellness center, open every day for people over 14 years old. Massages also possible, on booking only:

[www.qcterme.com](http://www.qcterme.com).



## **CINEMA**

**Cinéma Vox:** 22, Cour du Bartavel in Chamonix

3 rooms, numeric sound, entrance tickets available from a machine at the cinema entrance, free car park if car park ticket (from Saint-Michel and Mont Blanc car parks) is showed! Films in French and original versions (VF and VOST).

Program on answer machine: +33(0)4 50 53 03 39 or in the tourist offices of the valley.

Information on : [www.cinemavoxchamonix.com](http://www.cinemavoxchamonix.com).

**Ciné-Club :** Place de la mairie in Les Houches

Every 2 weeks. Program at the tourist office of Les Houches.

## **NIGHT**

Concerts, events, night clubs and bars, video bars and restaurants: La Coupole, le Privilège, les Caves, le Quartz Bar, le TOF, l'Amnesia...

# CULTURE

## **ALPINE MUSEUM**

89, avenue Michel Croz. +33(0)4 50 53 25 93

This museum shows the development of Chamonix from the first tourists who came to admire the « glaciers de Savoie » to the golden age of winter sports.

*Closed for works until December 2025!*

## **ESPACE TAIRRAZ**

Parvis Saint-Michel Chamonix. +33(0)4 50 55 53 93

Crystal museum: presentation of crystals from Mont Blanc massive, the Alps and the world: 1800 pieces exhibited!

Reduced fare with cards for disabled people.

Opening times: on request in the tourist offices of the valley!

*Open again from December 18<sup>th</sup>!*

## **LOCAL HERITAGE CENTRE**

90, rue des moulins Chamonix. +33(0)4 50 54 78 55

Preservation department highlighting memory and heritage through interpretative exhibitions and cultural actions consultation and research; a document resource center available to everyone; a participative project.

Temporary exhibition until May 14<sup>th</sup> 2022: “the guide company, a matter of adaptability!”

Reduced fare with cards for disabled people.

Open Thursdays to Sundays, from 2pm to 6pm as well as from 10am to 12pm during the French school holidays.

## **LA MAISON DE L'ALPAGE A SERVOZ**

Le Bouchet: +33(0)778 24 96 77

Information and discovery center for the family. It is related to the contemporary interpretation of the local mountain agriculture.

Free entrance.

This exhibition can be seen from mid-December to mid-April when the tourist office of Servoz is open.

## **MUSEE MONTAGNARD**

2, place de l'Eglise – Les Houches. +33 (0)4 50 55 18 68

In a house from the 1750, the mountain life styles are presented through the reconstitution of the traditional housing environment and the display of objects used on daily basis.

Reduced fare with cards for disabled people.

Open during the French school holidays Wednesdays, Thursdays and Fridays from 2pm to 6pm or on appointment per phone at +33 7 60 04 14 26.

## **MAISON DU LIEUTENANT**

223, Le Mont – Servoz. +33 (0)4 50 54 39 76

The high mountain pastures are creating a new space in an exceptional building of the 15<sup>th</sup> century, named "Maison du Lieutenant". It is taking you over the alpine agriculture from yesterday to today's time, over farmer's duties and the dynamic of the local mountain agriculture of tomorrow.

Free entrance.

Permanent exhibition: "the mountain agriculture, heart of the territory ».

Temporary exhibition: « On the trail of the wolf ».

Open Wednesdays, Thursdays, Fridays and Saturdays during the French school holidays from 10.30am to 6.30pm.

## **Museum pass : 12€**

A year unlimited access to the museums of the valley: Espace Tairraz, Maison de la Mémoire et du Patrimoine, Musée Montagnard, Maison de l'Alpage, Maison du Lieutenant and Maison de Barberine (in summer).

## **GUIDED HERITAGE TOURS**

During the winter season, discover the fabulous history of Chamonix!

For individuals: every Thursday morning at 10 am: 10€.

Information and booking at the tourist office of Chamonix or by phone at: +33 (0)4 50 53 00 24.

Groups and coach tours parties on request:  
[visitechamonix@hotmail.fr](mailto:visitechamonix@hotmail.fr).

## **CHRISTINE'S CULTURAL TOURS**

Christine is a Ministry of Culture-registered heritage guide who leads groups on guided tours on different themes in the whole Chamonix valley. Visits in French language.

Cost: from 10€.

Information and booking: +33 (0)6 07 21 51 90

<http://www.visites-guidees-74.fr/> / [contact@visites-guidees-74.fr](mailto:contact@visites-guidees-74.fr)

## **TERESA'S PHOTO WALKS**

The photographer Teresa Kaufman takes you on little-known and unusual discovery walks to experience and photograph traditional life in the Chamonix Valley, its unique neighborhoods and typical hamlets.

Information and booking at: +33 (0)6 08 95 89 42.

[www.teresakaufman.com](http://www.teresakaufman.com).

## **EN VISITE, SIMONE !**

Taylor-made dramatized visits and small history: let's discover Chamonix in a funny way!

Visits on request from 7 persons: **+33 7 68 55 50 86 /**

[contact@en-visite-simone.com](mailto:contact@en-visite-simone.com).

[www.en-visite-simone.com](http://www.en-visite-simone.com).

# EMERGENCY NUMBERS

- FIRE BRIGADE: **18**
- SAMU (MOBILE EMERGENCY MEDICAL SERVICE): **15**
- INTERNATIONAL EMERGENCY SERVICES FROM A MOBILE PHONE: **112**
- P.G.H.M (mountain rescue service): **+33(0)4 50 53 16 89**
- AMBULANCES (non-emergency): **+33(0)4 50 53 46 20**
- EMERGENCY DEPARTMENT AT CHAMONIX HOSPITAL: **+33(0)4 50 53 84 00** or **+33 (0)4 50 53 84 20**  
509, route des Pèlerins. Open every day from 8am to 8pm from Christmas to Easter.  
**When the Chamonix hospital is closed, contact the emergency department at the Sallanches hospital: +33 (0)4 50 47 30 50**
- HEMODIALYSIS AND NEPHROLOGY CENTRE:  
**+33(0)4 50 53 22 00**  
384, route de l'hôpital in Sallanches.
- EMERGENCY NUMBER FOR DEATH AND HEARING IMPAIRED PEOPLE: **114**.

## NIGHTS, SUNDAYS AND PUBLIC HOLIDAYS

\* Doctor on Duty: **15**

\* Dentist on Duty: **+33(0)4 50 66 14 12**

In the Chamonix valley, also **general practitioners** and specialists like **dentists, nurses, physiotherapists, osteopaths, gynecologists, psychiatrists, speech therapists, chiropodists, chemists, veterinary surgeons...**  
**A detailed list is available on request at the Tourist Offices.**

## **Be aware!**

**Due to the current COVID 19 epidemy, some of the above-mentioned activities, like inside activities and the activity of downhill skiing as well as the access to the Aiguille du Midi, Mer de Glace area by the Montenvers train or to the Mont Blanc Tramway, depend on the authorizations from the French and/or the local Government.**

**Wearing a mask is mandatory everywhere inside.**

**These dates are given for information only! We therefore strongly recommend you to get informed just before or at the very beginning of your stay to be sure you have updated information: it might change according to the evolution of current COVID 19 epidemy.**

### **Servoz Tourist Office**

Maison de l'Alpage – Le Bouchet - 74310 Servoz

Phone : +33(0)4 50 47 21 68

[info@servoz.com](mailto:info@servoz.com)

[www.servoz.com](http://www.servoz.com)

### **Les Houches Tourist Office**

Place de la mairie - 74310 Les Houches

Phone : +33(0)4 50 55 50 62

[info@leshouches.com](mailto:info@leshouches.com)

[www.leshouches.com](http://www.leshouches.com)

## **Chamonix-Mont-Blanc Tourist Office**

85, place du Triangle de l'Amitié

74400 Chamonix Mont-Blanc

Phone : +33(0)4 50 53 00 24

[info@chamonix.com](mailto:info@chamonix.com)

[www.chamonix.com](http://www.chamonix.com)

### **Argentière Tourist Office**

24, route du Village – 74400 Argentière

Phone : +33(0)4 50 53 02 14

[Argentiere.info@chamonix.com](mailto:Argentiere.info@chamonix.com)

[www.argentiere-mont-blanc.com](http://www.argentiere-mont-blanc.com)

### **Vallorcine Tourist Office**

183, route des Confins du Valais -74660 Vallorcine

Phone: +33(0)4 50 54 60 71

[info@vallorcine.com](mailto:info@vallorcine.com)

[www.vallorcine.com](http://www.vallorcine.com)

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