



CHAMONIX-MONT-BLANC

SERVOZ - LES HOUCHES - CHAMONIX-MONT-BLANC - ARGENTIÈRE - VALLORCINE



Practical guide

Winter 2022-2023



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Not to be missed!

Welcome to Chamonix valley!

At the crossroad of Switzerland and Italy, Chamonix is the worldwide capital for skiing and mountaineering. Surrounded by its ski resorts spread out on the 4 sides of the valley, most part of the ski area is above 2000 m².

Discover the typical villages of the valley:
Servoz, Les Houches, Argentière and Vallorcine !

Also discover :

Aiguille du Midi



Glide up comfortably with the cable car into the high mountains, and reach an altitude of 12604 feet!

After a 25 minutes journey, you will enjoy a spectacular view all around you over the Mont Blanc and the French, Swiss and Italian Alps.

Audio guide app: down load the Aiguille du Midi App on



Discover:

The Mont-Blanc wing: enjoy an incredible panoramic view from inside, in a warm space, through vast glass windows, over Mont Blanc, Mont Maudit and Mont Blanc du Tacul!

Also discover great photos of mountaineers in action!

The waiting area: discover an incredible adventure of human and technological endeavor:

the construction of the cable car and its imposing machinery.

The highest covered area: this shelter built on the highest terrace at 3842 m gives you the opportunity to hide from the wind and the cold while enjoying a stunning view!

The museum (“Espace vertical”): like a temple dedicated to climbers, mountaineers and mountain adventurers.

It gives you a better understanding of the captivating high mountain world.

The Step into the void: an unforgettable experience!

More than 1000m of emptiness beneath your feet in a 2m x 2m five-sided glass box!

The Hypoxia platform: discover how your body reacts to the lack of oxygen due to the altitude.

The Tube: this 32m long steel gallery allows you to make a complete tour of the central pillar of the Aiguille du Midi.



Mer de Glace



Facing the Drus and the “Grandes Jorasses”, the Mer de Glace is the longest glacier in France.

From Chamonix, enjoy a marvellous 20 minutes’ ride on board of the famous small red rack and pinion train up to Montenvers area at 1913 m.

Also discover:

- **The "Glaciorium"**: this modern interactive space will give you a better understanding of how glaciers form, exist and evolve over the centuries.
- **The Ice Cave**: enter the entrails of the glacier and admire ice sculptures!
To reach the entrance, you will have to take a cable car and walk down about 580 steps.
- **The snowshoeing trails**:
open according to the snow conditions.

Audio guide app:

down load the Montenvers – Mer de Glace app on



Mont-Blanc Tramway



A journey in a rack and pinion train up to the splendid Plateau de Bellevue through the forests and snow-covered slopes.

An unusual access to Les Houches – St-Gervais ski area, as well as to a snow shoeing trail!

Enjoy the panoramic view over the Bionnassay glacier, the Chamonix and Les Contamines valleys!

For further information about these areas, please contact:
Compagnie du Mont-Blanc.

Phone: 0033 4 50 53 22 75

Website: www.montblancnaturalresort.com.

Weather forecast

Mountain safety

High Mountain office (OHM): +33 (0)4 50 53 22 08
www.ohm-chamonix.com



On the second floor of “Maison de la Montagne” (Mountain House) opposite to the Chamonix tourist office.
Free entrance.

It centralizes the information concerning conditions and safety in mountain areas.

Snow and avalanche reports are given.

Bulletins over a recorded message at +33(0)8 92 68 10 20.

You will appreciate the local geography thanks to a big relief map of the Chamonix valley.

Weather forecast bulletins are displayed in Maison de la Montagne and the tourist offices of the valley:

- A 7 days weather forecast, updated twice a day.
- Weather forecast over 5 days.



See also on www.chamonix.com.

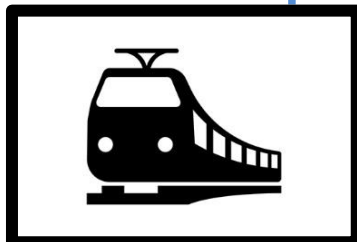
Mountain risk pole:

A place to get informed and warned about risks in the mountain.
A visit to learn about the weather and global warming too.

Daily open except Sundays and on holidays from 9am to 12pm
and from 3pm to 6pm.

Getting around in the valley!

By train with Mont-Blanc Express



The SNCF railway line serves all villages from Saint-Gervais-Le Fayet until Le Châtelard on the Swiss border, going through Servoz, Les Houches, Chamonix, Argentière and Vallorcine.

One train approximately every hour.

Free journeys between Servoz and Vallorcine with the “guest card” (carte d’hôte).

Trains are also free from or until Saint-Gervais-Le Fayet train station with the Mont Blanc Unlimited pass.

When there are works on the railway line, buses instead of trains run between Vallorcine and Saint-Gervais-Le Fayet.

Information at the railway stations.

By bus



A regular urban transport serves the valley between Servoz and Le Tour villages.

Free access during the day with the “guest card” or with a ski pass:

- free between Le Tour and Les Houches with a Mont Blanc Unlimited pass;
- free between Le Tour and Chamonix with a Chamonix Le Pass.

Overnight, the **Chamo’nuit** shuttle between Argentière and Les Houches is a pay shuttle.

Ticket fare: 3€ a day or 2€ overnight with the Chamo’nuit shuttle.

“Le Mulet” in Chamonix

The electric “Le Mulet” free shuttles run around the town center every 30 minutes from 8am to about 7pm.

Wait at one of “Le Mulet” bus stops and let’s go!

A map of “Le Mulet” tour is available in all tourist offices of the valley.

For further information, contact Chamonix Bus:

Phone: 0033 4 50 53 05 55

E-mail: montblancbus@transdev.com

Internet: www.chamonix-bus.com.



This “**on-demand transport**” service grants you the possibility of travelling through the whole Chamonix valley.

Reserved to people with a disability greater than or equal to 80%.

However, if you are not in that case, you still can benefit from the subscription to this service!

You will need to meet at least 3 of the following conditions:

- Be over 70 years old on the date of your subscription;
- Have your home far away from a public transport line, bus or train;
- Need to go to activities organized by the villages;
- Have a disability card, whatever the percentage;
- Have difficulty getting around on your own in winter (seasonal card).

Registration at the Chamonix Sud bus station.

How does this work?

1 – Become first a member of the service for a period of 1 year: the subscription costs 10€.

Then, if you don't have any free transportation ticket (resident card, guest card), pay 3€ for a one-day return journey;

2 – Book your journey no later than the day before, before 5 pm or 4 hours before, according to availability, by phone at 0033 4 50 53 05 55.

For weekends and Mondays, please book no later than Fridays.

3 – A minibus will be sent on the set day as close as possible to your home or to a defined stopping point and at the time confirmed by the reservation service.

Arrive there **5 minutes before** the time set by the reservation service;

4 – Let you be driven to your destination ;

5 – For the return trip, pick-up will also be at a defined point at a time set up when confirming your reservation.

When can I use this service?

Available all year round from Monday to Sunday
from 8:30 am to 12 pm and from 2 pm to 5 pm.

Where can I go?

Depending on the reasons of your journey, you can systematically use this service between your area and a point in the territory of the Community of Communes already served by the classic network:

- For shopping on the market, in the super markets and the local shops;
- For medical reasons: hospital, medical center, pharmacy;
- To go to the EHPAD, that is the home for older and dependent people;
- To carry out administrative procedures;
- To go to a cultural, sport or local life center.

For further information, please contact Chamonix bus:

Phone: 0033 4 50 53 05 55

E-mail: montblancbus@transdev.com

Internet: www.chamonix-bus.com.

By foot! Where to park?

The best way to enjoy stunning views of the panorama is to leave your car in one of the car parks of the valley.

You will get 1 hour free of charge in most Chamonix car parks, for example in the indoor Saint-Michel, Mont-Blanc and Entrèves car parks!

In Chamonix:



- Grépon pay car park at the entrance of the town behind the Aiguille du Midi cable car, close to a bus and Mulet stop;
- 3 underground pay car parks;
- 4 outside pay car parks.

Information: Chamonix Parc Auto at 0033 4 50 53 65 71 and in Entrèves car park.

Brochure concerning the car parks available in all Tourist Offices of the valley.

Two pay car parks located 200m away from the Chamonix Tourist Office have places for people with reduced mobility:



- **The Outa car park** (car park with barriers) has two places for people with reduced mobility.

To go and visit the Tourist Office from this car park, go on the path on the right side of these car park places, continue in front of the public toilets and then along the car park.

At the end of the car park, continue straight away on the pavement along the Mont-Blanc hotel and its restaurant “Le Matafan”.

You will find the Tourist Office just after the hotel on your left side;

- **The underground Saint-Michel pay car park** has places for people with reduced mobility on the 1st, 3rd and 5th floors: access with a lift only to these floors.

To reach the Tourist Office from this car park, please go on the bridge located at the pedestrian exit of the car park,

then go down on the access ramp on the left side of the church, continue straight away in front of the Mountain House (Maison de la Montagne) until a second access ramp.

This ramp will directly lead you to the Tourist Office.

In Les Houches:

Free car parks in Le Tournet and Le Prarion.

A free car park place for people with reduced mobility is available in front of the souvenirs shop “Le Floch’on” located on the side of the post office, across the tourist office.

In Argentière:

Les Fiz car park, a free car park at the very end of the village:

- on your right side if you arrive from Chamonix
- on your left if you arrive from Vallorcine.

In Vallorcine:

a specific car park place for people with reduced mobility is to be found on the left side of the office about 20 m away from the entrance door situated in front of the office.

Vehicles with a visible handicapped sticker are allowed to stay for free on Le Buet car park, on the car park close to the cable car and on the one on the side of the tourist office.



Taxis and airport transferts

List available on: www.chamonix.com

Accommodations



Chamonix Mont Blanc Valley offers a complete range of accommodation:

you will find hotels of all categories, Bed & Breakfasts, guest houses, camp sites, apartments and chalets for rental, holiday centers or holiday villages.

Get information from our websites:

www.servoz.com

www.leshouches.com

www.chamonix.com

www.argentiere-mont-blanc.com

www.vallorcine.com

Find there all updated availabilities and special offers.

Book on-line!

Please also contact our booking service:

Phone: 0033 4 50 53 99 98 from Monday to Friday from 9am to 12.30pm and from 2pm to 5pm.

Email: booking@chamonix.com.

The guest card (“carte d’hôte”)



The guest card allows you **to go for free in the whole Chamonix valley** - by bus and train from Servoz to Vallorcine **during the day**.

With this card, you will also get a discount at the swimming pool, the ice rink, for cross country skiing, in the museums of the valley, for car park subscriptions...

It will be **given to you for free by your accommodation provider** at your arrival!

If you are hosted for free, you can get this card for 10€ per week in the tourist offices.

Ask for the «Advantages of the Guest Card» brochure at the Tourist Office!

*** Note:**

The free travel offer on the local train is only valid for a journey beginning and ending in the Chamonix valley, between Servoz and Vallorcine.

Outside this area, the SNCF (the French train line company) requires each passenger to have a valid ticket for the entire journey!

Sports and leisure activities

Outdoor activities

Here are some ideas for activities beside downhill skiing:

- Dog sledging,
- Ice climbing,
- Ski touring,
- Cross country skiing,
- Snowshoeing or walking on groomed trails,
- Paragliding.

Possibility to have lessons with mountain sports professionals.
Lots of activities are adapted to visually impaired persons.
Qualified and experienced instructors can support you.

Information in all Tourist Offices of the valley!



Pedestrian and snowshoeing routes

Pedestrian trails are groomed and signed posted in the valley.
There are also trails signed posted for snowshoeing on Balme, Flégère, Le Prarion and Montenvers areas.

Ask for the trail map at the Tourist Offices of the valley.

For these activities and outside of maintained way-marked routes, think of your safety and contact the mountain sports professionals.

Torch-light procession

Ask for the program of the French Ski School (ESF)!





Dog sledding

- **Huskydalen:**

Phone: 0033 6 84 99 34 67

Web site: www.huskydalen.com

Also contact the tourist offices of Chamonix and Les Houches.
Discover driving a dog team!

- **Evasion Nordique:**

Phone: 0033 6 82 09 50 03

Web site: www.evasion-nordique.com.

Discover driving a dog team or trapper evenings!



Panoramic helicopter flights

- **Chamonix Mont-Blanc Helicopters:**

Phone : 0033 4 50 54 13 82

Email: info@chamonix-helico.fr

Website: <https://www.chamonix-helico.fr/>

Panoramic flights over the Mont Blanc range starting from Argentière.

6 persons are necessary to plan a helicopter flight:

Chamonix Mont-Blanc Helicopters is at your disposal to organize groups with 6 people!

Richard Bozon Sport Center

214, av. de la Plage in Chamonix

E-mail : sports@chamonix-mont-blanc.fr

Swimming pool, sauna, steam bath:

0033 4 50 53 23 70

Short pants are not allowed!



Tennis and squash:

0033 4 50 53 28 40



Indoor skating rink: 0033 4 50 53 12 36



Outdoor skating rink:



On the outdoor ice rink of Les Houches (opening times depending on the weather conditions).

Free entrance but pay ice skate rental!

Body building and fitness room:

0033 4 50 53 23 70



Sport clothes and towel required.

Free training or with the assistance of a coach. Fitness courses available.

Indoor climbing wall:

0033 4 50 53 09 07

Surface: 180m²

Height: 3.60m

Holds: 800.

Climbing chalk not allowed.



Further information available at the Tourist Offices.

Alpine Ski



Chamonix Mont Blanc valley includes:

- 4 large high altitude ski areas for downhill skiers of all levels;
- several ski resorts in the valley for beginners and easy ski.

Ski resorts

High altitude ski areas:

- **Les Grands Montets ski resort**



A mythic ski area on northern face.

The spot “par excellence” for off-piste skiing and free riding, partially on a glacier, open until the beginning of Mai.

A great snow park, a filmed and timed boarder cross.

A DVA park is also available there!

An easy ski area is open on “Plateau de Lognan”, but its access is only possible from the arrival of Plan Joran cable car over a blue slope.

Therefore, this area is not recommended to the very beginners for whom it will be easier to start below on Les Chosalets beginner area.

No access to pedestrians as well as to snow shoeing walkers!

- **Brévent – Flégère ski resort**



«Sunshine» ski area facing the Mont Blanc range.

The southerly slopes of this resort make it a favorite for sun-loving skiers.

The view on the Mont-Blanc range is exceptional.

On **Brévent ski area**:

- 1 **beginner area** in Planpraz;
- 1 filmed and timed slalom stadium as well as 1 big Air Bag.

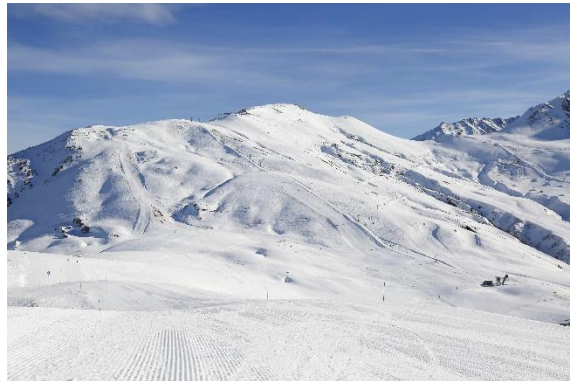
On **Flégère ski area**:

- Mont Blanc Legend: free access. Games, barbecue, zip-line. Tables for picnic;
- 1 boarder cross;
- 1 timed speed piste.

Snowshoeing walkers will enjoy nice snowshoeing loops:

- 2 loops below the arrival of Flégère cable car;
- 1 loop at the arrival of Index cable car above Flégère.

- **Balme Le Tour-Vallorcine ski resort**



Skiing between high mountain pastures and forests on the Swiss border.

Access to this area:

- from Le Tour village
- or
- from Vallorcine village.

You will discover there one of the biggest freestyle spaces of Europe!

On the Vallorcine side, Balme resort offers wide and gentle slopes through a forest of spruces.

**Further information concerning all these resorts at
Compagnie du Mont-Blanc:**

Phone: 0033 4 50 53 22 75

Website: www.montblancnaturalresort.com.

- **Les Houches ski resort**



A large diversity of slopes and atmospheres based on the legendary Kandahar downhill slope.

Access to the pistes:

- with Bellevue cable car;
- with Prarion cable car;
- from Col de Voza or Bellevue stations of Mont-Blanc tramway.

2 snowshoeing trails and one loop for cross-country ski (skating only) at the top of Prarion cable car.

For children: the **ski camp** is to be found after a 10 minutes' walk above the arrival of the Prarion cable car:

- Sledging slopes,
- Snowtubing runs,
- Zip wires.

Free car parks at the bottom of each cable car.

Wheel chairs are not allowed on Bellevue cable car!

They are allowed on Prarion cable car as well as on the Tramway du Mont Blanc!

Further information: www.ski-leshouches.com.

Ski areas for beginners in the valley

- **La Vormaine: 0033 9 79 51 73 67**



A very sunny ski area with plenty of snow in Le Tour village. Perfect for beginners and medium-level skiers. Ideal for children (day-care center from 3 years old) and for beginners in snowboarding.

From there, enjoy a beautiful view over the piste and the glacier. **Free car park** at the bottom of the ski area.

- **Le Savoy: 0033 4 50 53 22 75**



Right in the middle of ChamoniX, at the bottom of Le Brévent. Ideal slopes for beginners, especially children, served by 2 ski lifts and a moving walkway.

Day-care center from 3 years old children.

Closest car park: Saint-Michel pay car park.

- **Les Planards: 0033 4 50 53 08 97**



In the town center, the largest ski area for beginners and children!

4 slopes: 1 red, 1 blue and 2 green ones.

Day-care center from 3 years old.

Bar-restaurant, ski school, sport shop.

Free car park at the bottom of the ski area.

• **Les Chosalets: 0033 6 82 11 53 21**



At the foot of Les Grands Montets in Argentière.
2 drag lifts expect little and bigger beginners!
Snack bar at the bottom of the pistes.
Cross country tracks and groomed trails for walkers are to be found in the area.

• **Le Tournet: 0033 4 50 54 49 60**



In the heart of Les Houches village, next to the ice rink, this little ski resort has 2 drag lifts.
Great for learning skiing!
Free car park at the bottom of Le Tournet!

• **La Poya: 0033 4 50 54 69 36**

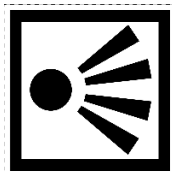


Situated in hamlet Le Buet in Vallorcine, this little family friendly ski resort is a real playground!

- 2 drag lifts,
- 1 beginner's rope tow
- 1 kiddie rope tow for little children!

All these ski resorts are accessible with public transportation. Free with the guest card.

Altitude restaurants



For a light snack or to taste specialties of the Savoy region, please find hereafter a non-exhaustive list of several restaurants with direct access from the lifts!

- **Montenvers / Mer de Glace,**

at the bottom of the « Vallée Blanche »:

Restaurant of the Montenvers hotel: **0033 4 50 53 87 70**

Bar des Glaciers – Coffee shop: **0033 4 30 05 19 68.**

- **La Flégère ski area:**

L'Adret/Tendance Foehn : **0033 4 50 55 34 88.**

- **Balme Le Tour-Vallorcine ski area:**

Le chalet de Charamillon (snack): **0033 4 50 54 10 21.**

However, the access to this restaurant is difficult for people with reduced mobility or difficulties for walking.

- **Brévent ski area:**

La Bergerie de Planpraz: **0033 4 50 53 05 42**

Le Panoramic: **0033 4 50 53 44 11**

- **Les Grands Montets ski area:**

Restaurant de Plan Joran: **0033 4 50 54 05 77.**

- **Aiguille du Midi ski area:**

Le 3842 – restaurant and snack: **0033 4 50 55 82 23.**

- **Les Houches ski area:**

Hotel du Prarion restaurant: **0033 4 50 54 40 07** – Access to pedestrians and skiers;

La Chalette: **0033 6 68 91 31 85** – Access to pedestrians and skiers;

La Rioule: **0033 4 50 18 03 9085** – Access to pedestrians and skiers;

Col de Voza snack: **0033 4 50 54 44 6585** – Access to skiers;

Bellevue Hotel: **0033 6 80 66 81 2185** – Access to pedestrians and skiers.

Ski schools



Lessons for skiing, snowboarding, freeriding, speed riding, are provided for groups and individuals of all levels!

Some instructors are specially trained as Handiski instructors for people with visual impaired or disabled people.

In ski-chair, ski-kart, come and ski whatever your handicap!



Associations to assist people with a disability:

- **Sit N' Ride**

Association located in Vallorcine in direct contact with Maison des Guides (guide company) of Vallorcine.

Some mountain guides are trained to assist people with a disability.

It is possible to borrow material over this association: tandem paragliding flight, uniski and dualski.

Contact:

Phone: 0033 6 73 72 06 17.

Internet website: <https://www.facebook.com/sitnride/about>.

- **Loisirs Assis Evasion**

Their goal:

Allow **most possible people with a disability** (mobility, mental, sensory disabilities, older people...) to enjoy activities in the mountain **within a specialized structure**: seated ski, tandem ski, solo or tandem paragliding flight.

Contact :

Phone : 0033 6 73 39 81 78

Internet website: www.loisirs-assis-evasion.com.



Ski passes



- **“Chamonix Le Pass”**

Valid on all Chamonix ski resorts, between Le Tour / Vallorcine and Chamonix, between 1.000m and 2.700m.

Validy area:

In the mountain:

- Balme Le Tour – Vallorcine
- Les Grand-Montets
- Brévent-Flégère.

Beginner / easy ski areas:

- La Vormaine
- Les Chosalets
- Le Savoy
- Les Planards.

- ✓ ***Free access to bus lines between Chamonix / Les Bossons and Le Tour.***

• “Mont-Blanc Unlimited”

Valid on:

- all ski resorts of the valley,
- the Aiguille du Midi cable car,
- the Montenvers train,
- the Mont-Blanc Tramway.

With a 2-days or more pass, on presentation of a currently-valid Mont Blanc Unlimited pass and the proof of payment:

- Free and unlimited access to the Courmayeur ski resort in Italy;
- Free access to the Skyway in Italy.
5€ deposit for the key-card;
- Access to the “Evasion Mont-Blanc” ski area : Megève, Saint-Gervais, Les Contamines and Les Portes du Mont-Blanc ;
- 1 free access to Crans-Montana ski resort in Switzerland;
- Reduction at the entrance of the Mont Blanc tunnel on the price of the one-way tickets for light-duty vehicles;
- A better fare on a bus return ticket Chamonix – Courmayeur used on the same day.

With a 3 to 21 days Mont-Blanc Unlimited ski pass:

- Free access, once a day and per activity to:
Richard Bozon sport center: swimming pool, sauna, hammam,
the ice-skating rinks of Chamonix and Les Houches,
the museums;
- Free access to the cross-country ski resorts of the whole Chamonix valley;
- Reductions at the cinema Vox in Chamonix: 6€ the entrance (subject to agreement);
- 1 free access to the 4D cinema at the bottom of Aiguille du Midi cable car.

With a 6-days or more ski pass:

Ski in “Verbier Grand ski” in Switzerland with a 50% reduction on the normal one-day ticket. 5 CHF caution for the key-card. Conditions available once a week on presentation of a valid pass and the payment proof.

Free access to:

- ✓ bus lines in the Chamonix valley;
- ✓ buses from Compagnie du Mont Blanc between Chamonix and Megève;
- ✓ Mont Blanc Express trains to or from Le Fayet:

please show up at the train station or go and see the train controller with your Mont Blanc Unlimited pass and your payment confirmation (cash desk ticket or E-mail confirmation) before going up in the train in order to get a valid train ticket.

If you only want to ski on the Bellevue-Prarion ski resort in Les Houches, you can buy a pass for Les Houches only!

• **Les Houches ski pass**

Access to the ski resort of Bellevue-Prarion only.

Free access to the intern Les Houches bus line.

For further information: www.ski-leshouches.com.

Reduced prices if you show up with a disability card at the cash desk at the bottom of the cable cars:

50% discount on the one-day Chamonix Le Pass, Mont Blanc Unlimited or Les Houches ski passes, as well on the excursion return tickets.

Same discount for the accompanying person if his/her presence is required.

In town

Shops and services

Brochure on request at the Tourist Offices of the Chamonix valley.

Open air markets

- In Chamonix:
 - Every Saturday morning on Place du Mont-Blanc,
 - Every Tuesday, except in November, from 4.45pm to 7pm on the Carrefour Market car park: sale of a local made bread;
- In Les Houches:
 - Every Monday morning during the Christmas and February French holidays on the place in front of the Tourist Office,
 - every Wednesday from 2.30pm to 6pm in “Pain de Chibon”: market with local farmers.

Casino



Place de Saussure in Chamonix – phone: 0033 4 50 53 07 65
Open every day from 10am to 3pm.

Identity cards must be shown at the entrance of the casino.

QC Terme Spas and resorts



480, promenade du Fori in Chamonix

Phone : 0033 4 58 38 01 10

SPA and wellness center open every day for people over 14 years old.

On booking only: www.qcterme.com.

Massages also possible.

Cinema



Cinéma Vox: 22, Cour du Bartavel in Chamonix.

- ✓ 3 rooms equipped with numeric sound and 3D,
- ✓ Equipment for hearing impaired people,
- ✓ Entrance tickets available from a machine at the cinema entrance,
- ✓ free car park if car park ticket (from Saint-Michel and Mont Blanc car parks) is showed!
- ✓ Films in French and original versions with French subtitles.

Program on answering machine at: 0033 4 50 53 03 39.

Information at : 0033 4 50 55 89 98.

www.cinemavox-chamonix.com.

Ciné-Club: Place de la mairie in Les Houches

Every 2 weeks.

Program at Les Houches tourist office.

Night life



Concerts, events, night clubs and bars, video bars and night restaurants:

La Coupole, les Caves, le Privilège, le Quartz Bar, le TOF.

Culture

- Musée



Musée alpin

89, avenue Michel Croz. 0033 4 50 53 25 93

Discovery of the Mont Blanc cultural heritage.

Closed for works until December 2025!

Cristal museum (Espace Tairraz)

Parvis Saint-Michel Chamonix. 0033 4 50 55 53 93

Presentation of crystals from Mont Blanc massive, the Alps and the whole world: 1800 pieces exhibited!

Reduced fare with cards for disabled people.

Opening times: every day from 2pm to 6pm as well as from 10am to 12pm during the French school holidays.

Local heritage center

90, rue des moulins Chamonix. 0033 4 50 54 78 55

A house dedicated to the local heritage.

Open and living place, the local heritage center is made to allow each one to appropriate the local heritage of the Chamonix valley.

Temporary exhibition: "Fotos of André Contamine".

Reduced fare with cards for disabled people.

Opening times: Thursdays to Sundays from 2pm to 6pm as well as from 10am to 12pm during the French school holidays.

La Maison de l'Alpage

Le Bouche – Servoz: 0033 7 78 24 96 77

Information and discovery area for the whole family. It is related to the contemporary interpretation of the local mountain agriculture.

Free entrance.

Opening times: this exhibition can be seen from mid-December to mid-April when the tourist office of Servoz is open.

Musée montagnard

2, place de l'Eglise – Les Houches. 0033 4 50 55 18 68

In a house from the 1750, the mountain life styles are presented through the reconstitution of the traditional housing environment and the display of objects used on daily basis.

Reduced fare with cards for disabled people.

Opening times: During the French school holidays Wednesdays, Thursdays and Fridays from 2pm to 6pm or on appointment per phone at 0033 7 60 04 14 26.

Maison du Lieutenant

223, Le Mont – Servoz. 0033 4 50 54 39 76

In the heart of a historic building, discover an interpretation center on mountain agriculture, its environment, its products and its know-how.

Free entrance.

Permanent exhibition: « The Maison du Lieutenant, its origins ».

Discover the history of this atypical Servoz building.

Temporary exhibition: « Reines de Coeur » = “Heart Queens”.

Opening times: Wednesdays, Thursdays, Fridays and Saturdays during the French school holidays from 10.30am to 6.30pm.

Museum pass: 12€

A year unlimited access to all museums of the valley:

- Espace Tairraz,
- Maison de la Mémoire et du Patrimoine,
- Musée Montagnard,
- Maison de l'Alpage,
- Maison du Lieutenant,
- Maison de Barberine in July and August.

Guided heritage tours

During the winter season, discover the fabulous history of Chamonix!

For individuals: every Thursday morning at 10 am: 10€.

Information and booking at the tourist office of Chamonix or by phone at: 0033 4 50 53 00 24.

Groups and coach tours parties on request:

visitechamonix@hotmail.fr

Christine's cultural tours

Christine is a Ministry of Culture-registered heritage guide.

She leads groups on guided tours on different themes.

Visits in French language.

Cost: from 10€.

Information and booking: 0033 6 07 21 51 90

<https://www.blogdechristineachamonix.fr/>

contact@visites-guidees-74.fr

Teresa's photo walks

The photographer Teresa Kaufman takes you on little-known and unusual discovery walks.

Experience and photograph traditional life in the Chamonix Valley, its unique neighborhoods, and typical hamlets.

Information and booking at: 0033 6 08 95 89 42.

www.teresakaufman.com.

Emergency numbers

- **Fire brigade: 18**



- **SAMU (Mobile emergency medical service): 15**



- **International emergency services: 112**



- **PGHM (Mountain rescue service): 0033 4 50 53 16 89**



- **Ambulances (non-emergency): 0033 4 50 53 46 20**



- **Emergency department at Chamonix Hospital: 0033 4 50 53 84 00 or 0033 4 50 53 84 20.**



509, route des Pèlerins.

Open every day from 8am to 8pm from December 17th, 2022 until March 26th, 2023.

When the Chamonix hospital is closed, contact the emergency department at Sallanches hospital: 0033 4 50 47 30 50

- **Pays du Mont-Blanc Hemodialysis and nephrology centre:**

384, route de l'hôpital in Sallanches : **0033 4 50 53 22 00**



- **Emergency number for death and hearing impaired people: 114.**



Nights, Sundays and public holidays

* Doctor on Duty: 15 

* Dentist on Duty: 0033 4 50 66 14 12



In the Chamonix valley:

general practitioners and specialists like dentists, nurses, physiotherapists, osteopaths, gynecologists, psychiatrists, speech therapists, chiropractors, chemists, veterinarians.

➔ A detailed list is available on request at the Tourist Offices of the valley.

Servoz Tourist Office

Maison de l'Alpage – Le Bouchet - 74310 Servoz

Phone: 0033 4 50 47 21 68

info@servoz.com

www.servoz.com.

Les Houches Tourist Office

Place de la mairie - 74310 Les Houches

Phone: 0033 4 50 55 50 62

info@leshouches.com

www.leshouches.com.

Chamonix-Mont-Blanc Tourist Office

85, place du Triangle de l'Amitié

74400 Chamonix Mont-Blanc

Phone: 0033 4 50 53 00 24

info@chamonix.com

www.chamonix.com.

Argentière Tourist Office

24, route du Village – 74400 Argentière

Phone: 0033 4 50 53 02 14

Argentiere.info@chamonix.com

www.argentiere-mont-blanc.com.

Vallorcine Tourist Office

183, route des Confins du Valais -74660 Vallorcine

Phone: 0033 4 50 54 60 71

info@vallorcine.com

www.vallorcine.com.

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