CHAMONIX-MONT-BLANC

SERVOZ - LES HOUCHES - CHAMONIX-MONT-BLANC - ARGENTIÈRE - VALLORCINE

Ot cham © JC Poirot

Visually impaired summer 2026 valley guide

TOURISME & HANDICAP

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Not to be missed!

AIGUILLE DU MIDI

An unforgettable experience!
Travel up to the world of very high mountains and admire the superb 360° panoramic views over the Swiss, Italian and French Alps:
the exceptional is made accessible in roughly 25 minutes.

Audio guide of your visit: down load the Aiguille du Midi app:

Télécharger dans l'App Store | DISPONIBLE SUR Google play

Discover:

The step into the void: Dare enter this glass box and look down at the 1000 m precipice under your feet!

The Mont-Blanc wing: Enjoy a panoramic view over 3 legendary summits - Mont Blanc, Mont Maudit, Mont Blanc du Tacul - whilst keeping nice and warm behind vast glass windows.
Additionally, discover beautiful pictures of mountaineers in action!

Hypoxia level: discover the effects of the lack of oxygen in high altitudes on your body.

The pipe: This 32-m long steel gallery allows you to walk right round the central pillar of Aiguille du Midi at an altitude of over 3700 metres.

History area: a retrospective exhibition of the construction of the cable! Also look at its impressible machinery!

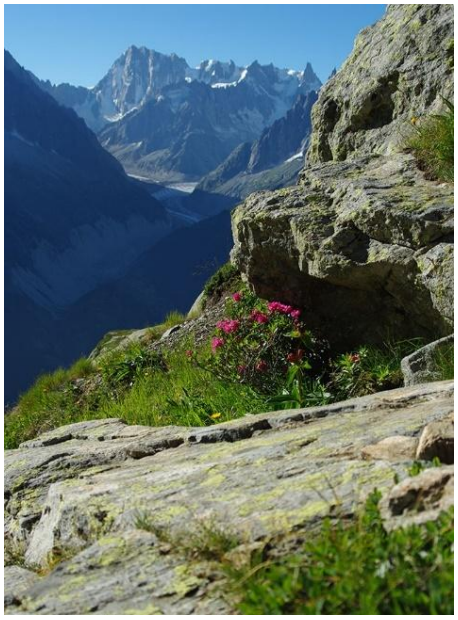
Vertical area: a museum dedicated to climbers, mountaineers and adventurers!
This is the place to gain a better knowledge and understanding of the frightening and awe-inspiring world of high mountains.

MER DE GLACE

Facing Les Drus and Les Grandes Jorasses, discover the famous Mer de Glace glacier in its summer setting.
From Chamonix, a 20-minutes' ride aboard the Montenvers rack and pinion train will lead you up to the foot of Mer de Glace at 1913 m.
This is the longest and largest glacier in France: 7 km long with a surface area of 40 km².

There you also can discover:

- **The glaciorium:** A small museum to learn about the formation, existence and evolution of a glacier through the ages.
- **The ice cave** gives you the opportunity to go down into the glacier and admire the ice sculptures.
  In order to visit the ice cave, take a gondola and then walk down 180 steps.
- **The nature temple** shows a little film about the history of the area: **not accessible for people with reduced mobility.**



Audio guide of your visit:
Down load the Montenvers – Mer de Glace app:

Télécharger dans l'App Store | DISPONIBLE SUR Google play

GRANDS MONTETS

Beware: Due to works on the cable cars, the Grands Montets area won't be accessible over summer 2026!

Mont-Blanc Tramway

Enjoy a journey over a mountain train and get access to Nid d'Aigle, starting point for a lot of alpinists to go to mont Blanc!

Enjoy a panoramic view over Bionnassay glacier,
the Chamonix and Contamines valleys!

Brévent / Flégère area

You will enjoy the sunny exposure of this area towards Mont Blanc range!

Access to Brévent over accessible **Planpraz cable car** at 2000 m, then over accessible **Brévent car** at 2525 m.
One of the nicest views over Mont Blanc!
From Planpraz, access to Cornu and Black lakes (Lac Cornu et lacs Noirs).

From the arrival of accessible **Flégère cable** car or from Index chair lift: view facing Mer de Glace glacier!
Access to Lac Blanc over a trail.

Balme Le Tour-Vallorcine area

Beautiful view points over the valley as well as hikes in the mountain pastures.

Access by walk or over a lift:

- **Vallorcine cable car** from Vallorcine;
- **Charamillon cable car and Autannes chair lift** from Le Tour.

Les Houches area

Access over the accessible Prarion cable car or over the Bellevue cable car (wheel chairs are forbidden in Bellevue cable car).

Mountain pastures and view points over Chamonix valley, Saint-Gervais and Sallanches.

For further information about Montenvers / Mer de Glace area, please contact:
Régie départementale du train du Montenvers
Phone: 0033 4 65 60 00 80
Internet website: www.montenverstrain.com.

For further information about Mont-Blanc Tramway, please contact:
Régie départementale du Tramway du Mont-Blanc
E-Mail: **accueil@tramwaydumontblanc.fr**
Internet website: www.tramwaydumontblanc.fr.

For further information about all other lifts, please contact:
Compagnie du Mont-Blanc.
Phone: 0033 4 50 53 22 75
Internet website: www.montblancnaturalresort.com.

Weather / Montain safety

Weather forecast

Weather reports are updated morning and evening and displayed at “Maison de la Montagne” and in the tourist offices of the Valley.

5-day weather report: www.chamonix.com

Safety

High Mountain Office (OHM) – La Chamoniarde:

Information and risk prevention centre dedicated to the safety of mountaineers and hikers.

Located on the last floor of “Maison de la Montagne”, opposite the Tourist Office:
Phone: 0033 4 50 53 22 08.

During summer, daily open except on holidays:
9am – 12pm and 3pm – 6pm.
Closed on Sundays in Winter, Spring and Autumn.

Rescue

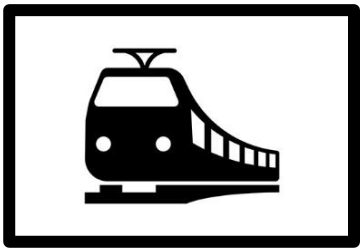
International Emergency Service: 112

Emergency number for death and hearing-impaired people: 114.

PGHM (Peloton de Gendarmerie de Haute Montagne) – **High mountain rescue service** located in Chamonix:
0033 4 50 53 16 89.

Getting around in the valley!

By train with the Mont-Blanc Express train



The SNCF railway line serves all villages from Saint-Gervais-Le Fayet until Le Châtelard on the Swiss border,
going through Servoz, Les Houches, Chamonix, Argentière and Vallorcine.

One train approximately every hour.

Trains are free from or until Saint-Gervais-Le Fayet train station with the Mont Blanc Unlimited pass.

When there are works on the railway line, buses instead of trains run between Vallorcine and Saint-Gervais-Le Fayet.

Information at the railway stations or the tourist offices of the Chamonix valley.

By bus

A regular urban transport serves the valley between Servoz and Le Tour villages.
Express bus lines allow you to go to the bottom of the ski areas with specific bus lines.
4-night buses run every day.

Beware: some bus lines or time slots are to be booked over Chamonix Mobility

Prices: online over Chamonix Mobility website or at the tourist offices of the valley.

Bus tickets can be bought online or at Chamonix Mobilité machines located at:

- Chamonix Sud, near Chamonix Mobilité's desk;
- Chamonix tourist office;
- Les Houches tourist office;
- Rocky Pop Hotel at Les Houches.

Free access to all buses with a Mont Blanc Multipass during the day.
The guest card holders will get reductions on the buses rates.

For further information, contact Chamonix Mobilité:
Phone: 0033 4 50 53 05 55
E-mail: chamonix.mobilite@transdev.com
Internet: www.chamonix-mobilite.com

MOBIL BUS

This “**on-demand transport**” service grants people with reduced mobility the possibility of travelling through the whole Chamonix valley.

Reserved to:

- people with a disability greater than or equal to 80%;
- people with reduced mobility;
- sight-impaired people.

Access also possible to persons older than 70 years, living far away from a public transport line and having difficulty getting around on his/her own.

Over Chamonix Mobilité App or over its website: I book at least 1 hour before taking the Mobil bus.

By phone: I call Chamonix Mobilité at 0033 4 50 53 05 55, from Monday to Saturday, except on holidays, from 8am to 7pm.

Beware:

- **for a reservation between 6am and 8am, I have to book before 7pm on the day before.**
- **for a reservation on Sunday or the following Monday, I book on Saturday before 7pm at the latest.**

Price: annual rate of 10€.

For further information, please contact Chamonix Mobilité:
Phone: 0033 4 50 53 05 55
Internet: www.chamonix-mobilite.com

By foot! Where to park?

The best way to enjoy stunning views of the panorama is to leave your car in one of the car parks of the valley.
You will get 1 hour free of charge in many Chamonix car parks, for example in the indoor Saint-Michel, Mont-Blanc and Entrèves car parks!

In Chamonix:

- Centre-ville pay car park at the entrance of the town behind the Aiguille du Midi cable car, close to a bus and Mulet stop;
- 3 underground pay car parks;
- 4 outside pay car parks.

Information: Chamonix Parc Auto at 0033 4 50 53 70 58 and in Saint-Michel car park.

Brochure concerning the car parks available at all Tourist Offices of the valley.

Two pay car parks located 200m away from the Chamonix Tourist Office have places for people with reduced mobility:

- **The Outa car park** (car park with barriers) has two places for people with reduced mobility.
  To go and visit the Tourist Office from this car park, go on the path on the right side of these car park places, continue in front of the public toilets and then along the car park.
  At the end of the car park, continue straight away on the pavement along the Mont-Blanc hotel and its restaurant “Le Matafan”.
  You will find the Tourist Office just after the hotel on your left side;

- **The underground Saint-Michel pay car park** has places for people with reduced mobility on the 1st, 3rd and 5th floors: access with a lift only to these floors.
  To reach the Tourist Office from this car park, please go on the bridge located at the pedestrian exist of the car park,
  then go down on the access ramp on the left side of the church, continue straight away in front of the Mountain House (Maison de la Montagne) until a second access ramp.
  This ramp will directly lead you to the Tourist Office.

In Les Houches:
Free car parks at Le Tourchet and Le Prarion.
A free car park place for people with reduced mobility is available in front of the souvenirs shop “Le Floch’on” located across the tourist office.

In Argentière:
Les Fiz car park, a free car park at the very end of the village:
- on your right side if you arrive from Chamonix
- on your left if you arrive from Vallorcine.

In Vallorcine:
a specific car park place for people with reduced mobility is to be found on the left side of the office about 20 m away from the entrance door situated in front of the office.
Vehicles with a visible handicapped sticker are allowed to stay for free on Le Buet car park, on the car park close to the cable car and on the one on the side of the tourist office.

Taxis and airport transferts

List available on: www.chamonix.com

Accommodation

Chamonix Mont Blanc Valley offers a complete range of accommodation:

you will find hotels of all categories, Bed & Breakfasts, guest houses, camp sites, apartments and chalets for rental, holiday centers or holiday villages.

Get information from our websites:

www.servoz.com
www.leshouches.com
www.chamonix.com
www.argentiere-mont-blanc.com
www.vallorcine.com.

Please, find there all updated availabilities and special offers.
Book on-line!
Please also contact our booking service:
Phone: 0033 4 50 53 99 98 from Mondays to Fridays from 9am to 6pm.
Email: booking@chamonix.com.

The guest card (“carte d’hôte”)

The guest card will be given to you for free by your accommodation provider at your arrival.

It allows you to take for free the Mont-Blanc-Express train in the valley between Servoz and Vallorcine.
With this card, you will also get half price discounts on bus passes from two to seven days bus passes as well as discounts at the swimming pool, the ice rink, for cross country skiing in winter, in the museums of the valley, for underground car park subscriptions.

If you are hosted for free:
You’ll have the opportunity to buy this card for a week in the tourist offices of the valley.

Ask for the «Advantages of the Guest Card» brochure at the Tourist Offices of the valley!

Beware!
The free travel on the local train Mont-Blanc-Express is only valid for a journey beginning and ending in the Chamonix valley, between Servoz and Vallorcine.
Outside this area, the SNCF (the French train line company) requires each passenger to have a valid ticket for the entire journey!

Sports and leisure activities

• Outdoor activities

Hereafter some ideas for activities:

- ✓ Hiking;
- ✓ Alpinism;
- ✓ Paragliding;
- ✓ Mountain biking;
- ✓ outdoor adventure courses;
- ✓ ziplining;
- ✓ white water sports, golf;
- ✓ tennis.

For an introduction to these sports or more advanced coaching, professionals are at your disposal to help you enjoy these activities in the best possible conditions and in a safe environment.
Many activities can be enjoyed by handicapped people.
More information available at the tourist offices of the Valley.

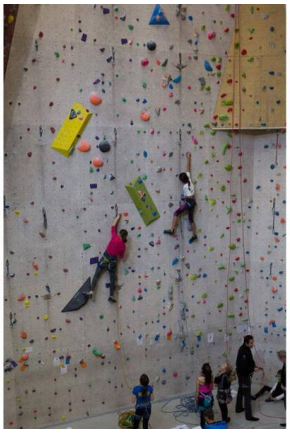
• Fishing

Annual, monthly, weekly or day licenses
Selling points at the tourist offices of the valley!

• Panoramic helicopter flights

Chamonix Mont-Blanc Helicopters:
Phone : 0033 4 50 54 13 82
Email: info@chamonix-helico.fr
Website: www.chamonix-helico.fr
Panoramic flights over the Mont Blanc range starting from Argentière.
6 persons are necessary to plan a helicopter flight: Chamonix Mont-Blanc Helicopters is at your disposal to organize groups with 6 people!

• Indoor climbing wall in Les Houches



Mont-Blanc Escalade
Zone Artisanale Les Trabets 2
Phone: 0033 4 50 54 76 48

From beginner until 9A.
Equipment rental on site.

Richard Bozon Sport Center

214, av. de la Plage **in Chamonix**
sports@chamonix-mont-blanc.fr

Swmming pool, sauna, steam bath:
0033 4 50 53 23 70
Short pants are not allowed!

Tennis and sqash:
0033 4 50 53 28 40

Indoor skating rink: 0033 4 50 53 12 36

Body building and fitness room:
0033 4 50 53 23 70
Sport clothes and towel required.
Free training or with the assistance of a coach. Fitness courses available.

Indoor climbing wall:
0033 4 50 53 09 07
Surface:180m²
Height: 3.60m
Holds: 800.
Climbing chalk not allowed.
Bouldering.

Further information available at the Tourist Offices.

Small hikes with the family

Here are a few suggestions of easy walks (from 5 minutes to 2 hours), with picturesque little chalets offering nice food and drinks for a bit of self-indulgence along the way!

From Chamonix :

• The Bois du Bouchet loop

Adapted to all disabilities.
An about 1 km lang shaded walk.
Ideal to discover the Valley's natural heritage, alone or with the family.
Located just a few minutes from the city centre, you will find several explanatory panels along the path and learn plenty about the mountains, forest and wildlife.
This educational trail is also accessible from the village of Les Bois.
You will find there a young forest bearing testimony to the retreat of the glaciers, the remains of an old quarry and beautiful views over dizzying summits.

• Chalet des Mottets – altitude : 1 638 meters

Phone: 0033 6 80 95 30 87
View over Mer de Glace, Les Drus and Le Nant Blanc.
Starting points:

- From the village of Les Bois – 1h45min up,
- From the Planards car park - 1h45min up.

Also accessible on the way down from Mer de Glace.
From mid-May, open every day according to the weather conditions.

• Chalet du Cerro – altitude : 1 358 meters

Phone: 0033 6 64 78 77 42
Panoramic view over the terminal section of the Bossons glacier.
Stating points:

- from the car park on the right before the entrance to the Mont Blanc Tunnel - 20 minutes up,
- from Centre-ville car park under the Aiguille du Midi cable-car, near the information point - 1 hour walk including 50 minutes up,
- from Les Songenaz in Les Bossons - 1 hour up.

• Snack bar of the Dard waterfall – Altitude : 1 233 meters

Phone: 0033 6 30 87 95 89
A beautiful 20 meters high waterfall.
Snack bar, restaurant.
Starting points:

- from the small car park before the last bend in the road leading up to the Mont Blanc Tunnel, follow the path on the left, 5 minutes' walk
- from the centre-ville car park under the Aiguille du Midi cable-car – a 50 minutes' walk including 40 minutes to go up.

- ## Les Gaillands refreshment chalet - altitude : 1 035 meters

Phone: 0033 6 64 66 92 22
At the foot of the Gaillands climbing site and across Les Gaillands lake.
Every day open until 6pm according to weather conditions.
Starting points:

- from the Gaillands car park,
- over an about 20 minutes 'stroll from Chamonix centre via "route des Pècles".

From May 1st, daily open for lunch until 6pm according to weather conditions.

From Les Bossons :

- ## Chalet du Glacier des Bossons – altitude : 1 425 meters

Phone: 0033 6 70 21 89 75
Beautiful panoramic view over the seracs of the Bossons glacier and Mont Blanc.
From mid-June, daily open according to weather conditions.
Starting points:

- from the village of Le Mont - 45 minutes up,
- from the top of the Bossons chairlift - 10 minutes up.

From Les Praz :

- ## Chalet de la Floria - altitude 1 337 meters

Phone: 0033 6 23 50 37 76
Beautiful view over the Mont Blanc range and the Aiguilles de Chamonix from this small flower covered chalet.
Open every day, except on Tuesdays according to weather conditions.
Starting points:

- from the car park behind the golf - 1hour walk up,
- on the side of Route des Nants from the Belvédère, continue on Chemin de la Floria – a 50 minutes' walk up.

- ## Paradis des Praz refreshment chalet - altitude : 1 040 meters

Phone: 0033 6 63 10 42 38
Located by a small stream in a shaded area in the forest.
Children's games: toboggans, swings, a mini zipline, sandpits.
Pony rides in July and August.
Open from May 1st, according to the weather conditions!
Starting point: from the car park by the golf course in Les Praz – a 10 minutes' walk.

From Le Lavancher :

• Chalet du Chapeau – altitude : 1 576 meters

Phone : 0033 6 10 77 59 01
Above the Arveyron gorges. Views over the north face of Les Drus, Mer de Glace, les Aiguilles de Chamonix and the Chamonix valley.
Daily open for lunch according to weather conditions; dinner in the evening on booking.
Starting points:

- the village of Le Lavancher – 1 hour to walk up;
- the village of Les Bois - 1h30 up.

From Argentière

• Crèmerie du Glacier – altitude : 1 300 meters

Phone : 0033 4 50 54 07 52
In the forest at the foot of the Argentière glacier.
Leaving points:

- From Grands Montets car park in Argentière, follow directions for the helicopter base - 10 minutes by foot,
- From Argentière centre through the woods – a 30 minutes' walk (flat and up).

There are many other hiking itineraries, for all levels, without forgetting the scenic "balcony trails":

- “Petit Balcon Sud” from Argentière to Merlet parc;
- “Grand Balcon Sud” from Col des Montets to Planpraz;
- “Petit Balcon Nord” from the hamlet of Les Bois to the village of Le Tour.
- “Grand Balcon Nord” from Plan de l’Aiguille to Montenvers;

The Tourist Office regularly issues and updates a hiking map and a hiking guidebook in collaboration with the Town Hall’s trails department:

- The hiking map for €5,
- The “map + guidebook” for €16.

Ask for them at the shops of the tourist offices of the valley.

A “Mont Blanc region” hiking map is also available for €7.

Before leaving for a hike, don’t forget to inform you about the snow conditions ! Grand Balcons hikes should not be undertaken before the end of May or mid-June, depending on the year !

Associations to assist people with a disability

• Sit N' Ride

Association located in Vallorcine in direct contact with Maison des Guides de Vallorcine, the Vallorcine guide company. Some mountain guides are trained to assist people with a disability.
It is possible to borrow material over this association: tandem paragliding flight, cimgo.

Contact: **Phone:** 0033 6 73 72 06 17
Email : sitnride@outlook.fr

Facebook : SIT N' RIDE

• Loisirs Assis Evasion

Their goal:
Allow **most possible people with a disability** (mobility, mental, sensory disabilities, older people…) to enjoy activities in the mountain **within a specialized structure**: cimgo, all-terrain wheelchair, solo or tandem paragliding flight.

Contact : **Website:** www.loisirs-assis-evasion.com
Phone : 0033 6 73 39 81 78

• Access Mont-Blanc: EQUIPMENT FOR HIRE

Do you have reduced mobility but want to access the mountain trails?
Rent one of the following 3 electric all-terrain machines:

- Quadrix is an all-terrain electric wheelchair that is really easy to manage by anyone with a disability over 15 years old.
- FAT Jeetrike is a hybrid hand tricycle, with electric assistance to help you pedal. It has independent suspension and the axle is fixed. There is also a trigger that allows you to switch to full electric mode if you are too tired to pedal.
- Bowhead RX is an ultra high-performance hybrid all-terrain hand tricycle. They recommend that it is only used by experienced cyclists or handbikers. The front wheels articulate to take corners at high speed, so upper body strength and coordination are essential to master this machine.

Access Mont Blanc will provide you with a guidebook showing you accessible trails as well as the difficulty of the terrain and the steepness of the slope. They also offer a GPS that can be used in addition to the guidebook and you can borrow their trailer allowing you to start your adventure anywhere in the valley. To pre-plan your outing, you can find the guidebook on their website.

Contact : **Website:** www.accessmontblanc.com
Email: accessmontblanc@gmail.com

- ## My Line

Professionals with an adapted physical activity.
My Line accompanies people with an invisible, motor, visual, hearing, mental or multiple disability, or suffering from an illness, as well as their family, to find a sport adapted activity in the Chamonix valley.
From 3 years old.
Little walk, hike, climbing, adapted volley ball, adapted badminton, multiple sports, children, boccia, yoga…
Contact: www.my-line.fr
Email: accueil@my-line.fr
Phone: 0033 6 68 00 23 04

Nature and Discoveries

• Nature reserves

Phone: 0033 4 50 54 02 24
Email: info@rnaiguillesrouges.org

Three nature reserves are covered under the name “Aiguilles Rouges nature reserve”:

- Aiguilles Rouges,
- Carlaveyron
- Vallon de Bérard.

The chalet-laboratory located at the Col des Montets, between Argentière and Vallorcine, is daily open in summer.

In summer, nature guides accompany you along the Col des Montets discovery trail and inform you about the local fauna, flora and geology.

In July and August, lectures and themed outings are organized every week in Argentière, Les Houches and Vallorcine.

• Bus tours

Tours leaving from Chamonix to Aosta, Milan, Turin, Zermatt, Geneva and Gruyère, as well as various other destinations.
Further information and booking:
at the tourist offices of the Valley and Chamonix Sud bus station.

In town

Facilities and services

Brochure available on request at the Tourist Office.

Markets

- In Chamonix:
  - Place du Mont-Blanc on Saturdays morning.
  - on the car park in front of *Carrefour Market* on Tuesdays from 4.45 pm to 7 pm: **Sale of local bread**.
- In Argentière:
  - Route du village: local market on Sunday mornings in July and August.
- In Vallorcine:
  - local market every Tuesday from 4pm to 7pm across Guy Ancey bar/tobacco shop.
- In Les Houches:
  - in front of the Tourist Office Monday mornings in July and August,
  - at “Pain de Chibon” – route du Pont - every Wednesday from 2.30 pm to 6.30 pm: local products.

QC Terme de Chamonix Mont-Blanc

480, promenade du Fori – Phone: 0033 4 58 38 01 10
SPA et espace bien-être. Daily open to everyone from 14 years old.
Access on booking only: www.qcterme.com.
Massages on booking.

Cinéma Vox, 22, Cour du Bartavel in Chamonix.

- ✓ 3 rooms equipped with digital sound and 3D,
- ✓ Equipment for impaired-hearing people,
- ✓ Free car park for cinema visitors,
- ✓ Ticket machine at the cinema entrance,
- ✓ Films in French version and original subtitled version.

Programme on the cinema's answering machine:
0033 4 50 53 03 39
Information: 0033 4 50 55 89 98
www.cinemavox-chamonix.com.

Ciné-Club, place de la mairie in Les Houches.
Every two weeks.
Information at the Tourist Office in Les Houches.

Casino

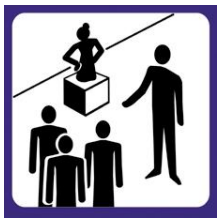
Place de Saussure à Chamonix – phone: 0033 4 50 53 07 65.
Every day open from 10am to 3am.
ID-card requested to access the Casino.

Night life

Concerts, events, disco, night bars, video bars as well as night restaurants.
Hereafter a few places:
Salle EMC2, the Caves, the Janssen Cocktail bar**,** Epsylon, the Quartz Bar, the Amnesia.

Culture

- ## Museums



Musée du Mont-Blanc (formely Musée Alpin) à Chamonix –

0033 4 50 53 25 93
89, avenue Michel Croz in the pedestrian streets
After five years of renovation work, the former Alpine Museum, which celebrates its 100th anniversary this year, reopens its doors under a new name and invites you to an exhibition about the relation between man and mountain on the Mont Blanc area.
Temporary exhibition: "Metamorphoses of the Gaze, the magnified Alps".
Reduced fare with cards for disabled people.
Opening times: daily open, except for Tuesdays, from 2pm to 6pm, as well as from 10am to 12pm during the French school holidays (10am-1pm in July and August).

Musée des cristaux- Espace Tairraz in Chamonix -

0033 4 50 55 53 93
Parvis Saint-Michel.
Cristal museum: Presentation of cristals from Mont Blanc massive, the Alps and the whole world: 1800 pieces exhibited!
Reduced fare with cards for disabled people.
Opening times: every day, except for Mondays, from 2pm to 6pm as well as from 10am to 12pm (10am-1pm in July and August) during the French school holidays.

La Maison de l'Alpage, Servoz - 0033 7 78 24 96 77
"Le Bouchet"
Information and discovery area for the whole family. It is related to the contemporary interpretation of the local mountain agriculture.
Free entrance.
Opening times: this exhibition can be seen from mid-June to mid-September when the tourist office of Servoz is open.

Musée montagnard, Les Houches – 0033 4 50 55 18 68
2, place de l'Eglise.
In a house from the 1750, the mountain life styles are presented through the reconstitution of the traditional housing environment and the display of objects used on daily basis.
Reduced fare with cards for disabled people.
Opening times: information at the tourist offices of the valley.

Maison du Lieutenant in Servoz - 0033 4 50 54 39 76
2231, route du Mont
In the heart of a historic building, discover an interpretation center on mountain agriculture, its environment, its products and its know-how.
Free entrance.
Permanent exhibition: "Mountain Farming, the Heart of the Territory".
Discover the history of this a typical Servoz building.
Temporary exhibition: "Plant inspirations".
Opening times: Wednesdays, Thursdays, Fridays and Saturdays during the French school holidays from 10.30am to 6.30pm.

Maison de Barberine, Vallorcine - 0033 7 60 71 36 46

Barberine
Restored traditional Vallorcine house dating back to the early 18th century, located in the hamlet of Barberine, near the Swiss border. The house is home to various souvenirs of Vallorcine life in the past. Discover traditional objects
Free entrance.
Temporary exhibition: "Vallorcine: 150 Years of Hospitality and Welcome'".
Opening times: Every day, except Saturdays, from 2.30pm to 5.30pm.

Museum pass: 25€

One-year unlimited access to all museums of the valley:

- Musée des cristaux - Espace Tairraz,
- Musée du Mont-Blanc,
- Musée Montagnard,
- Maison de l'Alpage,
- Maison du Lieutenant,
- Maison de Barberine in July and August.

- **Visits**

Guided heritage tours

Discover the fabulous history of Chamonix!
For individuals: every Tuesday morning at 10am.
Information and booking at the tourist office of Chamonix or by phone at: 0033 4 50 53 00 24.
For groups, on request: visitechamonix@hotmail.fr

Christine’s cultural tours

Christine is a Ministry of Culture-registered heritage guide.
She leads groups on guided tours on different themes.
Visits in French language.
Information and booking: 0033 6 07 21 51 90
https://www.blogdechristineachamonix.fr/
contact@visites-guidees-74.fr

The heritage walks with Sophie:

A Savoie Mont-Blanc heritage guide, Sophie will let you discover the history and heritage of the valley.
Booking / further information:
Phone: 0033 6 83 37 66 54

Emergency numbers

- **Fire brigade: 18**
- **SAMU** (Mobile emergency medical service): **15**

- **International emergency services**: **112**

- **PGHM** (Mountain rescue service): **0033 4 50 53 16 89**
- **Ambulances** (non-emergency): **0033 4 50 53 46 20**
- **Emergency department at Chamonix Hospital: 0033 4 50 53 84 00 or 0033 4 50 53 84 20.**
  509, route des Pèlerins.
  Open every day from 8am to 8pm from mid-July until the end of August.
  When the Chamonix hospital is closed, contact the emergency service at Sallanches hospital: 0033 4 50 47 30 50
- **Pays du Mont-Blanc Hemodialysis and nephrology centre**:
  384, route de l'hôpital in Sallanches : **0033 4 50 53 22 00**
- **Emergency number for death and hearing impaired people: 114**.

Nights, Sundays and public holidays

* Doctor on Duty: **15**

* Dentist on Duty**: 0033 4 50 66 14 12**

In the Chamonix valley:
general practitioners and specialists like dentists, nurses, physiotherapists, osteopaths, gynecologists, psychiatrists, speech therapists, chiropodists, chemists, veterinarians.

➔ A detailed list is available on request at the Tourist Offices of the valley.

Chamonix-Mont-Blanc Tourist Office
85, place du Triangle de l'Amitié – 74400 Chamonix Mont-Blanc
0033 4 50 53 00 24.
info@chamonix.com
www.chamonix.com.

Argentière Tourist Office
24, route du Village – 74400 Argentière
0033 4 50 54 02 14.
argentiere.info@chamonix.com
www.argentiere-mont-blanc.com.

Les Houches Tourist Office
Place de la Mairie - 74310 Les Houches
0033 4 50 55 50 62.
info@leshouches.com
www.leshouches.com.

Vallorcine Tourist Office
183, route des Confins du Valais - 74660 Vallorcine
0033 4 50 54 60 71.
info@vallorcine.com
www.vallorcine.com.

Servoz Tourist Office
Maison de l'Alpage – Le Bouchet – 74310 Servoz
0033 4 50 47 21 68.
info@servoz.com
www.servoz.com.

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